

Family Fun Nights

The Parenting Enrichment Program is a coordinated effort of community agencies reaching out to families of Dare County.

Through sharing our knowledge and skills, Dare County can become a community where no one has to parent in isolation.



N.C. Cooperative Extension
Children & Youth Partnership for Dare County
Outer Banks YMCA
Dare County Department of Social Services
Dare County Department of Public Health
Dare County Schools

January 22, 2010

February 19, 2010

March 19, 2010

*Workshops presented by:
Parenting Enrichment Program
A Community Approach to Parenting*



Family Fun Nights

A free workshop series for parents and professionals

"Kids and Substance Abuse - Tips and Tools for Parents"

The goal of this workshop is to provide basic information about adolescent alcohol and drug use with a focus on warning signs and symptoms. Strategies to strengthen communication and involvement in your child's life will be provided, including understanding how children may view their caregivers as role models. Preventive strategies will be discussed and recommendations will be offered if you suspect your child is using substances.

Presenters: Tim Hill & Mike Damoth

January 22, 6:30 to 8:00pm

"Cyber Nightmare: Youth & Technology in 2010"

This workshop will provide you with strategies needed to help your child safely navigate today's cyber social scene. Don't be intimidated- get the information and tools you need to keep up! We will also discuss handling the inevitable problems as they arise.

Presenters: Brian Strickland & Melinda Mogowski

February 19, 6:30 to 8:00pm

"Survival Skills for Parenting your Teens"

Guiding your child through the preteen and teen years can be a bumpy ride. Attend this workshop and you will learn to avoid power struggles by using effective communication, limit setting, anger management, supervision, and other survival skills for parenting adolescents.

Presenter: Kathy Burrus

March 19, 6:30 to 8:00pm

Come as a family to play and learn! Participate in these fun and interactive workshops at the Outer Banks YMCA in Nags Head **free of charge (no membership is required).**

Child care will be provided for a fee of \$3 per child and they will enjoy an evening of crafts, games, and other fun activities. **Workshops begin at 6:30pm**, make sure to arrive early to get your children checked-in on time.

Registration will end the day before each workshop so call now to sign up for one or more of these events!

Register online at www.darekids.org or call Children & Youth Partnership for Dare County at 441-0614