



Children & Youth Partnership  
for Dare County



# Dare Care Connections

## Welcome 2011

Winter 2011

Children & Youth Partnership for Dare County has been busy planning several exciting events for 2011. So get out your new calendars, save the dates, and stay tuned for details and registration information about the following fun opportunities for young children, families and child care providers!

- Block Play Extravaganza - February 24-26
- Early Childhood Literacy Events- April 15th and 16th
- KidsFest- May 13th, Roanoke Island Festival Park
- Provider Appreciation Event - TBA (May or June)



In addition to the events above, Child Care Resource and Referral will continue facilitating the Dare County Child Care Center Directors' Forums along with the newly started Family Child Care Home Providers' Networking Series. The regional training calendar for January - June has been posted on CYP's website, [www.darekids.org](http://www.darekids.org) and our Dare County training events are included in this newsletter. As we learn more about the new Early Childhood Certification requirements, we will strive to provide appropriate workshops, training events, CEUs and support to meet your professional development needs. We wish you all a happy and healthy new year!



Child care center directors visited the newly transformed outdoor play area of The Munchkin Academy, Dare County's 1st Preventing Obesity by Design site. Children & Youth Partnership is currently participating in the 3 year PODII grant project. Go to the POD page at [darekids.org](http://darekids.org) for more information.



Family child care home providers met in October to learn about new child care licensing requirements. This was the 1<sup>st</sup> of 4 professional development and networking meetings planned especially for family child care home operators. Their next session is January 8<sup>th</sup> and will include discussion and information about various topics including activities for outdoor play in winter and professional development opportunities.

# January

## Paint with Ice Cubes

**Need:** Food coloring, Water, Popsicle sticks, Coffee filters, Paper

**Directions:** Put colored water in ice cube trays, put in ice cream sticks to make the cubes easier to handle. Freeze. Let the children paint on the filters with the ice cubes. For something different let them use other textured paper and ask them what happens.



## January 9th— Positive Penguins Day

### Adorable Penguin

**Sing to:** "I'm a little teapot".  
I'm a little penguin,  
Black and white  
Short and wobbly,  
An adorable sight.  
I can't fly at all,  
but I love to swim.  
So I'll waddle to the water  
And dive right in!



# February

## February 14th — Valentine's Day!



## February 2nd — Groundhog Day!



## National African American History Month

**Description:** This is a song but it could be learned as a poem. It was written by a former preschool teacher, Esther Yost, of Ann Arbor, Mi., about 15 years ago:

I have a dream, said Martin Luther King  
We're gonna make that dream come true.  
Let freedom ring, said Martin Luther King,  
It's up to me and you.  
It's not the color of your hair,  
It's not the color of your skin,  
It doesn't matter what you wear,  
It's the character within.  
I have a dream, said Martin Luther King  
We're gonna make that dream come true,  
Let freedom ring, said Martin Luther King  
It's up to me and you.



## Provider Idea Box

\*The following idea for Provider Idea Box was submitted by **Anne Corleto**, a Family Child Care Provider. It is from Disney Magazine.

### Table Top Soccer

An empty pizza box gets a sporty transformation into a tabletop soccer arena. No need for shin guards, as the kicking is all blown air and the ball is a puff of cotton.

**What You Need :** green poster board, pizza box, scissors, markers, pipe cleaners, box-top ads and glue or tape (optional), cotton ball.

**Instructions:**

1. To make the field, trim green poster board to fit inside an opened pizza box, then draw the field as shown. Cut holes for goals at each end and make goalposts from pipe cleaners. Adhere cut-out box-top ads to the arena sides, if you like.
2. Place the pizza box on top of books or boxes so that the ball can fall cleanly through the goals.
3. To play, divide the children into two teams. Players use straws to blow the cotton ball across the field and try to score. Soccer rules apply-no hands allowed.



If you have an idea for the Provider Idea Box (PIB) that you would like to share with others in the early childhood field or need additional information about the PIB, please contact

Jennifer Thompson at 252-441-4737 or at [dareccr@darekids.org](mailto:dareccr@darekids.org).



# TIPS TO PREVENT TOY INJURIES



## Inspect all toys regularly for potential hazards.

- Check regularly for damage that could create small pieces that are choking hazards.
- Make any necessary repairs immediately or discard damaged toys out of children's reach.

## Watch for toys that can become hazards.

- Young children should never play with toys with strings or cords, which can accidentally strangle them.
- Electrical toys are a potential burn hazard. Children under age 8 should not use toys with electrical plugs or batteries.

## Supervise children when they play and set good examples of safe play.

- Actively supervise children when they are playing with riding toys and any toy that has small balls, small parts, magnets, electrical or battery power, cords, wheels or any other potential hazard.
- Active supervision means keeping the child in sight and in reach while paying undivided attention.

## Ensure that toys are used in a safe environment.

- Riding toys should not be used near stairs, traffic or swimming pools. Riding toy-related deaths can occur when a child falls from a toy or rides a toy into a body of water.
- Always supervise children at play. Play is even more valuable when adults become involved and interact with children rather than supervising from a distance.

## Make sure toys are stored safely.

- Teach children to put toys away after playing. Ensure that toys intended for younger children are stored separately from those for older children.
- Make sure toy chests have no lids or have safety hinges.

## Sign up to receive product recalls with the Consumer Product Safety Commission at [www.cpsc.gov](http://www.cpsc.gov).

- Return warranty and product registration forms for new toy purchases to the manufacturers to make sure that you are notified of any recalls.



Be sure to keep potential choking hazards- any toy or object small enough to fit through a circle this size- out of children's reach. Use a toilet paper tube to check.

# Trainings

## 2011



### Autism (PDD)

This training includes vocabulary and definitions of Pervasive Development Disorder, better known as autism. It also will discuss screening, current research and individualized strategies and interventions. As the number of children diagnosed with this disorder increases, it is important to have a basic working knowledge of some of the indicators.

**Presenter:** Kari Stringer, Regional Behavior Specialist

**Date:** Tuesday, January 11, 2011

**Time:** 6:30-8:30pm

**Location:** Kill Devil Hills Library

**Contact Hours:** 2

**\*Must pre-register by Tuesday, January 4, 2011**



### Adult, Child, Infant CPR & First Aid

Full course of approved CPR and First Aid for adults, children, and infants. Class will be taught through lecture, discussion, video, and skills practice. Certification cards will be given to participants successfully passing written tests and skills demonstrations.

**Saturday, February 5th**

**(Register by Thursday, January 27th)**

**9:00am-3:30pm**

**Location:** Town of Kill Devil Hills, KDH

**Presenter:** Herman Hall IV

**Cost:** \$30.00

### Infant/Toddler Safe Sleep/Sudden Infant Death Syndrome (ITS/SIDS)

Learn how to provide a safe sleep environment for infants in a child care setting. Training is required every three years and must be completed within 4 months of hire for all staff, including volunteers and family child care home providers licensed to care for infants.

**Presenter:** Patrice Hughes, Infant/Toddler Specialist

**Date:** February 22, 2011

**Time:** 6:30-8:30pm

**Location:** Dare County Youth Center, Kill Devil Hills

**Contact Hours:** 2

**\*Must pre-register by Tuesday, February 15, 2011.**

### Adult, Child, Infant CPR & First Aid

Recertification provides a refresher of approved CRP and First Aid for adults, children and infants. Course will include skills demonstration and written test. Participants must have current CPR/First Aid cards that need to be renewed. Otherwise, they need to take the full class.

**Saturday, April 9th & Saturday, June 4th**

**(register by Friday, April 1st)**

**(register by Friday, May 27th)**

**9:00am - 12:00 PM**

**Town of Kill Devil Hills, KDH**

**Presenter:** Herman Hall IV

**Cost - \$20.00**

### Sliding Fee Scale & Scholarships

During these difficult economic times, many families may be struggling to pay for child care. Sliding fee scales and scholarship programs are two options to consider to help families with the cost of child care.

Training participants will learn about Sliding Fee Scales and Scholarships, compliance with the related subsidy requirements, and actions they can take to help families with the cost of care at their programs.

**Presenter:** Bonnie Brumbeloe, Early Childhood Specialist

**Date:** Tuesday, April 12, 2011

**Time:** 6:30-8:30pm

**Location:** Dare County Youth Center

**Contact Hours:** 2

**\*Must pre-register by Tuesday, April 5, 2011**

### Early Childhood Foundations

Foundations are the Early Learning Standards for North Carolina preschoolers and include strategies for guiding their success. This workshop will provide an overview of these standards and will cover the five primary purposes for Foundations.

**Presenter:** Kari Stringer, Regional Behavior Specialist

**Date:** Thursday, May 26, 2011

**Time:** 6:30-8:30pm

**Location:** Kill Devil Hills Library

**Contact Hours:** 2

**\*Must pre-register by Thursday, May 19, 2011**





# A Message From Your Local Child Care Consultant



## Take Control of Medication Storage

Some of the most commonly documented violations in child care programs involve medication storage. Because you, as a child care professional, have control over medication storage, you can reduce or eliminate these types of violations in your program.

### Medication Storage Requirements:

1. All medications, minus a few exceptions listed below, must be locked.
  - Locked box, locked cabinet, or locked closet.
  - Types of locks - lock and key, combination lock, or magnetic lock. The key may not be stored in the lock.
  - Child-safety latches are not sufficient for securing medications (or any other hazardous item that is required to be locked!)
2. Most prescription and over-the-counter (OTC) medications (cough syrup or cough drops, pain reliever, fever reducer, antibiotic cream, etc.) must be locked.
  - In family child care homes, medications used by children in care, household members, or even pets must be locked. This includes prescriptions, OTC meds, and vitamins. Indigestion medication such as Pepto-Bismal which is usually refrigerated must be in a locked container in the refrigerator.
3. Emergency medications such as asthma inhalers, Epi-pens, and even some OTC medications such as Benadryl for allergic reactions are not required to be locked but must be stored out of reach of children so that they are easily accessible to the teacher in a medical emergency.
  - Out of reach of children is defined as being stored at least five vertical feet off the floor.
4. Non-prescription medication such as diaper cream and petroleum jelly, diaper powder, sunscreen, or lotion are not required to be locked but must be stored out of reach of children.
  - Toothpaste does not have to be locked but must be stored out of reach of children.
  - In child care centers, insect repellent (Off, Skintastic) needs to be locked. Have you read the warning labels on that stuff? It is best practice to lock it up in family child care homes too!
  - In child care centers, all aerosol sprays including aerosol sunscreen must be locked. It is best practice to lock them up in family child care homes too!
5. In child care centers, medications (even in a locked box) may not be stored on the same shelf as cleaning supplies or food. In a cabinet or closet where multiple types of items may be stored, cleaning supplies are always stored on the lowest shelf. Food is always stored on the highest shelf. Medication is stored in between. And of course if there are cleaning supplies other than your soapy or bleach solutions, these must be locked too! In child care centers, employees are required to store handbags and purses out of reach of children. If the handbags or purses contain any medications or other hazardous items, they must be locked. Check diaper bags for medications too!

### Some Medication Storage Suggestions:

1. Label medications or lotions used by household members or center staff.
  - In family child care homes, label medications used by household members with "Family Use Only" or something similar so it is obvious that these medications are not given to children in care.
  - In centers, pain reliever and hand lotion may be a necessity for staff members; however, label them with the staff member's name or "Staff Use Only" and store them correctly, either locked or out of reach of children, as the rules require.
  - In a child care center, make medication storage consistent throughout the center. If it is stored in classrooms, store medication in a labeled locked cabinet that is closest to the door or over the sink in every classroom with the key hanging on a labeled hook beside the cabinet. Or use the same type of labeled lock box in every classroom and keep it in the same location. Keep all medication authorization forms with the medication for easy reference.
  - A Medication Administration workshop is offered by the Child Care Health Consultants at the Albemarle Child Care Resource & Referral. Watch for a workshop in the January – June 2011 Training Calendar and register your staff.
  - Use your Child Care Center Handbook or Family Child Care Home Handbook to review medication requirements. Review at a staff meeting to ensure that all staff members are aware of medication storage requirements.

For other questions concerning medication storage, contact your Licensing Consultant, but have your Handbook ready so that you can look up the answer with her!

Marjorie White, Licensing Consultant  
Division of Child Development  
[Marjorie.White@dhhs.nc.gov](mailto:Marjorie.White@dhhs.nc.gov)



# PROFESSIONAL DEVELOPMENT NEWS

## EARLY EDUCATOR CERTIFICATION UPDATE

Early Educator Certification (EEC) is North Carolina's certification system for the field of Early Childhood. EEC is an acknowledgement of an individual's verified level of educational achievement and is issued by the North Carolina Institute for Child Development Professionals. Research has shown that teacher education levels impact child outcomes. As in many professions, education is the basis for EEC. Education is defined as coursework taken at a regionally accredited college or university.

On August 2, 2010, a new law was passed affecting all child care facilities licensed by the NC Division of Child Development. The law requires all teaching staff, administrators, and family child care providers working in or operating a DCD licensed child care facility to be certified as of **July 1, 2012**. Staff **newly hired on or after October 1, 2010** must apply within **60 days of hire** to be certified.

As of August 1, 2010, there were 32 certified early education professionals in Dare County. Nearly 1/3 of our child care providers were certified before it became a requirement, which shows their dedication and commitment to the profession! Many more of Dare County's child care professionals have submitted their applications since August and are waiting on their certification. Congratulations to our certified early education professionals!!!

**EEC Rewards** are available to certified individuals and include discounts on purchases through early childhood supply companies, from national booksellers, small businesses and more. As the list grows on a state and local level, so will the resources of certified Early Educators. Discounts support our workforce in stretching their resources while we all work toward the recognition of the field as a profession and advocate for public dollars to support higher compensation for an educated workforce. For a list of rewards available, visit [www.ncicpd.org](http://www.ncicpd.org). Please feel free to contact Bonnie Brumbeloe at 44-4737 or [cyp-pecs@darekids.org](mailto:cyp-pecs@darekids.org) if you would like more information about EEC or if you need assistance with your application.

## HERE'S AN OPPORTUNITY TO LEARN AND EARN CEUs

### ASK - Advancing Skills and Knowledge

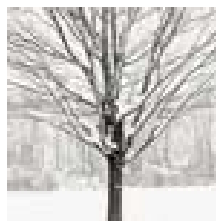
A Day for Child Development Professionals (*formerly A Day for Day Care*)

**Saturday, January 29, 2011**

**East Chapel Hill High School**

While it has a new name for 2011, this day for professional development keeps getting better each year. This year there are more than 100 different sessions from which to choose. Betty Rintoul, Ph.D., Executive Director of Encouraging Connections, will present the lunchtime keynote lecture. New this year: Workshops for Continuing Education Units (CEUs).

You can download the application at [www.childcareservices.org](http://www.childcareservices.org) or call CCR&R at 441-2115 to have one mailed to you!



## Family Fun Nights-Parenting Workshops

These workshops are free of charge and part of the Parenting Enrichment Program's "Family Fun Nights" series. Child Care is provided for a fee of \$3 per child.



### "Help! My Child Won't Listen"

January 26, 6:00-7:30pm

Do you feel frustrated because your child won't listen? Do you have to repeat yourself several times before your child will do what you ask? You are not alone. Children are not born with the skill of listening, but can be taught. Come join us for this fun and informative workshop.

Presenter: Beth Tillett

Location: Fessenden Center

DCD Credit: 1.5 hours

### "Help! My Kids Won't Stop Fighting"

March 8, 6:30-8:00pm

Tired of being the referee of the living room, car and playground? Join this workshop to explore why kids fight, and how to find useful ways to reduce sibling and peer conflict. You can promote cooperation, teach negotiation skills, and bring peace to your home.

Presenter: Beth Tillett

Location: Outer Banks YMCA

DCD Credit: 1.5 hours

### "Drugs Exposed"

February 8, 6:30-8:00pm

This interactive workshop is for parents of middle and high school students which takes a look into the teenage drug culture and what parents need to know. A mock teenage bedroom will be on display and participants will be asked to identify objects that reveal potential substance use or abuse. An overview of current drug use trends will be explored as well as resources available for parents and teens.

Presenter: Sheila Davis

Location: Outer Banks YMCA

### "Grandparents Raising Grandchildren - A Generation Apart"

April 12, 6:30-8:00pm

Today's grandparent are more involved in "kinship care" than ever before, whether it be in terms of raising grandchildren full-time or offering temporary child care. This workshop will provide information and resources to support grandparents and other relatives in their roles in caring for children.

Presenters: Kathy Burrus & Susan Nelson

Location: Outer Banks YMCA

Participate in these fun and interactive workshops at the Outer Banks YMCA in Nags Head free of charge (no membership is required). Child care will be provided for a fee of \$3 per child.



Register online at [www.darekids.org](http://www.darekids.org) or call Children & Youth Partnership for Dare County at 441-0614

Save the Date:

February 24-February 26

# BLOCK PLAY



Registration opens up in early February.

Check our website [www.darekids.org](http://www.darekids.org) for details about the event.



Feel free to make  
copies of this form!



Questions? Call CCR&R  
441-4737

## Child Care Resource and Referral Professional Development Registration Form

Name \_\_\_\_\_ Program Name \_\_\_\_\_

Address \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Would you like a reminder phone call the day before the training?  Yes!  Not Necessary!

**In the event that a workshop is cancelled or postponed due to low pre-registration, weather, or illness, all pre-registered participants will be notified. Participants will also be notified if time or location of the workshop changes.**

<u>X</u> <u>Here</u>	Date of Event	Title	Time	Location	Cost	Pre-register by 5 PM	
	Tuesday, January 11	Autism/ PDD <i>Kari Stringer</i>	6:30-8:30 pm	KDH Library Kill Devil Hills	\$5	Tuesday, January 4	
	Saturday, February 5	Adult, Child, Infant CPR & First Aid Herman Hall IV	9:00am-3:30pm	Kill Devil Hills Town Hall	\$30	Thursday, January 27	
	Tuesday, February 22	Infant/Toddler Safe Sleep/Sudden Infant Death Syndrome (ITS/ SIDS) <i>Patrice Hughes</i>	6:30-8:30pm	Dare County Youth Center Kill Devil Hills	Free	Tuesday, February 15	
	Tuesday, March 15	The Joy of Science <i>Cathy Green</i>	6:30-8:30pm	TBA	Free	Thursday, March 10	
	Saturday, April 9	Adult, Child, & Infant CPR Recertification Herman A. Hall IV	9am-12pm	Town of Kill Devil Hills	\$20.00	Friday, April 1	
	Tuesday, April 12	Sliding Fee Scale & Scholarship Training <i>Bonnie Brumbeloe</i>	6:30-8:30pm	Dare County Youth Center	\$5	Tuesday, April 5	
	Tuesday, April 19	Bullying <i>Cathy Green</i>	6:30-8:30pm	TBA	Free	Wednesday, May 13	
	Thursday, May 26	Early Childhood Foundations <i>Kari Swft-Stringer</i>	6:30pm-8:30pm	Kill Devil Hills Library	\$5	Thursday, May 19	
	Saturday, June 4	Adult, Child, & Infant CPR Recertification Herman Hall IV	9:00am-12:00pm	Town of Kill Devil Hills	\$20	Friday, May 27	

**Mail**  
Children & Youth Partnership/CCR&R  
P.O. Box 2539  
Kill Devil Hills, NC 27948

Total Amount Enclosed \$ \_\_\_\_\_  
Cash  Money order  Receipt # \_\_\_\_\_

Check

**Deliver**  
Children & Youth Partnership  
2400 N Croatan Hwy  
Kill Devil Hills, NC 27948

**Make check payable to Children and Youth Partnership for Dare County.**  
(You can call to register for free trainings! -> -> -> 441-0614)

Mail or deliver registration form and check/cash to:

## Winter 2011 Newsletter

Welcome 2011  
Monthly Holidays  
Prevent Toy Injury  
Trainings  
Medication Storage  
Professional Development News

Also, check out our website for new and updated information on training and activities for children and families!



Children & Youth Partnership for Dare County  
PO Box 2539  
Kill Devil Hills, NC 27948

*Dare Care Connections* is a resource publication for child care providers and other persons interested in child care. It is published by the Children and Youth Partnership for Dare County with Smart Start funding. Suggestions, information, and articles are welcomed and printed as space permits.

Mail information to:

Children & Youth Partnership

PO Box 2539

Kill Devil Hills, NC 27948

Or call: 252-441-4737

Or email: [cypobx@darekids.org](mailto:cypobx@darekids.org)

Children and Youth Partnership for Dare County is a non-profit organization. Donations are tax deductible and gladly accepted. Children and Youth Partnership for Dare County does not discriminate on the basis of race, ethnicity, age, gender, religion, handicap, or national origin. **Dare County Child Care Resource and Referral offers referrals to parents seeking child care and never makes recommendations.**

Do you have vacancies in your child care program or do you expect to have vacancies in the near future? Let us know at CCR&R! While we make referrals to your program every time a family calls looking for child care, it helps to know if you have a spot! We want to help you fill your spots! Call 441-4737 or email us at [dareccrr@darekids.org](mailto:dareccrr@darekids.org).

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